



# International Coaching Community

## Coaching for Leaders Certification Training



### ABOUT ICC

The International Coaching Community is one of the largest professional membership organizations for coaches in the world with over 6000 coaches in 60 countries.

All ICC members have successfully completed the International Coaching Certification Training and/or Specialization courses in Life, Business, Teams and Executive Coaching.

Our trainings are available in more than 18 countries and there are over ninety trainings a year.

This is an advanced training open to ICC certified coaches who have done appropriate initial training. If you have not taken ICC training in the past, please check with the trainer on enrolment.

This course will develop you into an elite leader coaches.

The majority of business coaching is targeted to leaders - executives and top managers. They need to be leaders and coaching is one of the most powerful personalised ways to help them.

Executive coaching was a billion dollar business in 2010. More and more businesses are investing in coaching to develop the leadership skills of their top managers.

Coaching leaders is a leap beyond the normal skills of coaching. Leaders need coaches who are themselves leaders. Ordinary coaching skills are not enough. You need to be extraordinary. You want to be the very best you can be. This course will put you into that elite category.

### Coaching for Leaders – Course structure

Before the Training	This consists of three elements: a) Planning your work and goals for the course. b) Writing a review of two books from a given reading list. c) Completing the pre course questionnaire You need to complete the pre training work before the training, with the exception of the book reviews, which may be done after the training.		26 Hours of work
Training	Exercises / skills practice Coaching Theory/ Models Reflection	20 skills practice 10 skills practice 18 theory models 6 reflection review	54 hours
After the Training	Plan and process goals set up coaching Including searching for articles on internet, etc. Reflection /review (self coaching project) Written test Skills practice (coaching clients)	10 plan process 30 reflection review. 30 skills practice	70 hours of work
<b>TOTAL</b>			<b>150 hours work</b>



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## ABOUT ICC MEMBERSHIPS

ICC membership is for life, you do not need to renew every year. Your membership is always up to date, and you have access to all benefits!

- Access one of the biggest Social Networks for professional Coaches through the ICC Social Campus

- Access to the ICC referral network being listed for client contact

- Networking with professional coaches worldwide  
A coaching newsletter with news, reviews, articles and resources

- Access to free Coaching Master classes with International Trainers

- Full access to Webinars Library for continued education in Coaching

- Discounts for special events and courses

## 1. Pre Course work

This consists of three elements:

- Planning your work and goals for the course.
- Writing a review of two books from a given reading list.
- Completing the pre course questionnaire

You need to complete the pre training work before the training, with the exception of the book reviews, which may be done after the training.

### a) Your Planning.

This involves filling in the forms that you will find in the welcome pack.

This needs to be done before the training, and given to the trainer at the training.

These forms will help you appreciate where you are now in your coaching skills, and help you set goals for the coaching course.

### b) The book reviews

You will have received a list of coaching books with this course material.

Please pick two books from the list.

Read them carefully and critically and then write a review of each.

Guidelines for writing your book reviews:

- What were the main points put forward in the book?
- Is the book written from a particular angle or perspective?
- Is the book well written?
- Is the book well organised and easy to read?
- What in your opinion are the main strengths of the book?
- How in your opinion could the book have been better?
- Consider the main ideas in a critical way, do they fit in with your experience and the other studies you have made?

The final review should be your unique perspective on the book. It should be between 1000 and 2000 words long.

## 2. The Training

The Leader coaching training is a six day training and is the heart of the course

Here are some of the topics it covers:

- The phases of executive coaching and how to conduct them
- The particular challenges of coaching leaders and how to overcome them
- Using systemic thinking and leverage.
- Mentoring
- How to mentor and the differences and similarities to coaching
- Advanced questioning skills specifically for leaders.
- Generating systemic perspectives
- Clarifying purpose and accountability
- Executive Commitment and enrolment
- Giving feedback to leaders
- Measuring results for executive coaching
- The practicalities of coaching leaders– how to arrange your executive coaching practice.
- Coaching for leaders to deal with business politics
- Action learning

You will also get plenty of opportunities to practice your coaching skills. Each day there will be a short exercise as homework to reflect on the day.

You need to complete the whole training.

The trainer will be evaluating throughout the training and is available to give you feedback during the training if you wish.



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TRAINING IN MORE  
THAN 20 COUNTRIES  
TO 1000 PEOPLE  
PER YEAR OR MORE

ICC is one of the only  
five organization  
in the world meeting  
EQA standards for  
COACHING TRAINING

### 3. After the Training

There will be a number of tasks you need to undertake after the training.

- An integration questionnaire about the training to complete.
- A written test.
- A research project.
- A self coaching project.
- 30 hours of coaching skills practice

All coaching must be in accordance with the ICC standards and Ethics.

You will need to supply the clients' name and E mail address, as they will also be asked to submit feedback on the coaching with you.

### 4. Evaluation and Certification

These tasks are meant to be completed in six months from the date of the last training day.

Please note that your payment is for the training and supervision. Your payment is not for the certification. If you are not certified there is no refund of any of your fees.

However if you are not certified after six months, and you want to be certified, the trainer will want you to complete all tasks and may give you extra tasks to complete, and if you complete these to a good standard, then you can be certified. It is important to keep in contact with the trainer and tell them what you want.



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## CONTACT US

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Follow us on Twitter  
<http://twitter.com/icccoaching>

## About ICC Coaching Certification Programs

ICC is committed to develop Coaching profession at every level through a complete Coaching career at highest standards, including Life, Business, Teams and Executive Coaching Trainings.

Our training programs integrates and develops the main models of Coaching: Behavioural, Integral Coaching and Ontological Coaching, Inner game principles, NLP and positive psychology.

### Coaching Certification Programs

ICC Certification trainings are organized in three specialization levels.

The **International Coaching Certification Training** is suitable for managers, Human resources specialists, teachers, trainers, consultants and psychologists. You will develop ICC core Coaching competencies, empowering your current profession with new skills and competencies or building a new career as a professional Coach.

The **Business Track** allows you to use the best and most effective coaching skills in Business contexts with individuals, Teams and Executives.

Managers, Executives, Consultants will benefit from this Coaching track.

The **Life track** focuses on Life balance issues, often present in Executives and Managers due to an unbalanced personal and professional life. These skills are key for Executive Coaches as well as life coaches.



### ICC Corporate Coach Certification

An ICC Corporate Coach is a specialist in Business coaching, both for individual managers and also business teams.

Successful certification in Business coaching and team coaching make a certification in Corporate Coaching. Please look at our courses on Business coaching and Team coaching for a full description.

### ICC Executive Coach Certification

The advanced certificate of ICC executive coaching will be given to those coaches that successfully complete all of the following:

- ICC Business Coaching certification
- ICC Team Coaching certification
- ICC Coaching for Leaders certification